

# Break The Cycle Ambassadors

## BTCA

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**Charities and Churches Working Together**

**Koinonia**

**Restoring Dignity**

**Creating Christ-Loving Families**

**Attaining Self-Sufficient Families**

**BTCA is a  
U.S. Certified  
Charitable  
Organization  
EIN: 99-4616177**

# Break The Cycle Ambassadors

## BTCA

### The Testimony of Ricardo Jaramillo, Disciple, and Sinner

January 2016- Vision: Help the poor. Why me? I was a Christian, and I was very involved;  
April 2016- The Light- Not just help, but plant better seeds and teach them better!  
September 2016- BTCA Model; October 2016- 4 45-minute presentations; September 2017: car accident;  
December 2022- Re-dedicated; March 2023 in Huehue- Pastor Ray; and today I am doing His work.

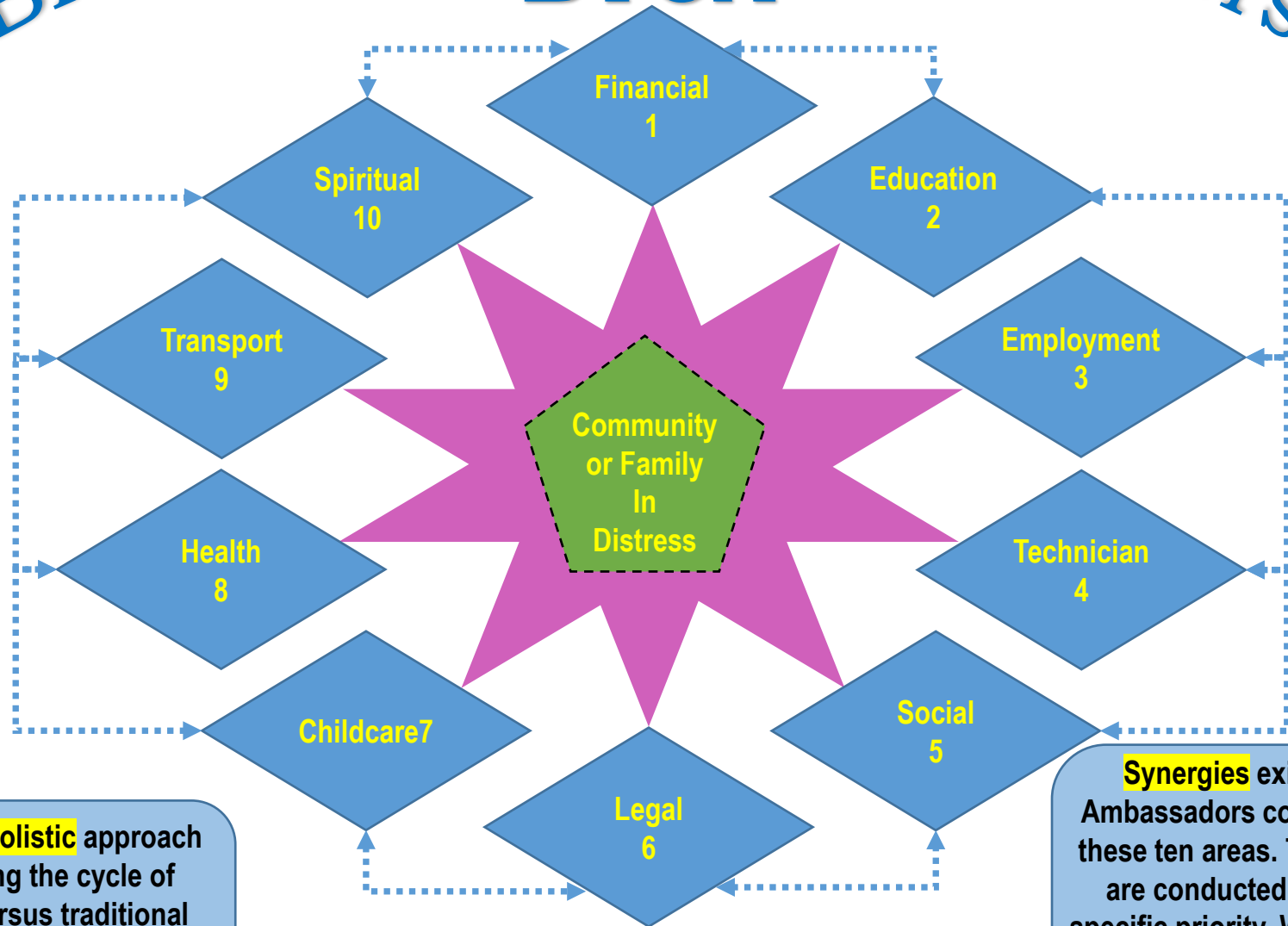
**Proverbs 13:** <sup>17</sup> A bad messenger brings misfortune; But the faithful messenger [ambassador] brings health.

**Mateo 28:** <sup>19</sup> Go ye therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit; <sup>20</sup> teaching them to observe all things whatsoever I have commanded you; and behold, I am with you always, even to the end of the age. Amen

**Marcos 4:3-8** <sup>3</sup> Hear: The sower went out to sow; <sup>4</sup> And it came to pass, when sowing, that some of it fell by the roadside, and the birds came and ate it. <sup>5</sup> Another part fell on stony ground, where it did not have much land; and it sprang up at once, because it had no depth of earth. <sup>6</sup> But when the sun rose, it withered, and because it had no root, it withered. <sup>7</sup> Another part fell among thorns; and the thorns grew and choked it, and it bore no fruit. <sup>8</sup> And some of it fell on good soil, and bore fruit that sprouted and grew, and brought forth thirty, sixty, and even a hundredfold.

**I'm a sinner:** I've been wandering around for over forty years doing things independently; Now I have our God as my guide! I am here as His voice, seeking His and your counsel to implement this effort correctly.

# Break The Cycle Ambassadors BTCA



BTCA is a **holistic** approach to breaking the cycle of poverty versus traditional one-time charity models that tend to lead to toxic outcomes. (Bob Lupton)

In addition, BTCA wants churches to work together (**Koinonia**) to fertilize the seeds and have a focus on the "teaching them" part as the Great Commission says

**Synergies** exist when Ambassadors collaborate in these ten areas. These areas are conducted without a specific priority. When treated individually, they have no impact on breaking the cycle of poverty.

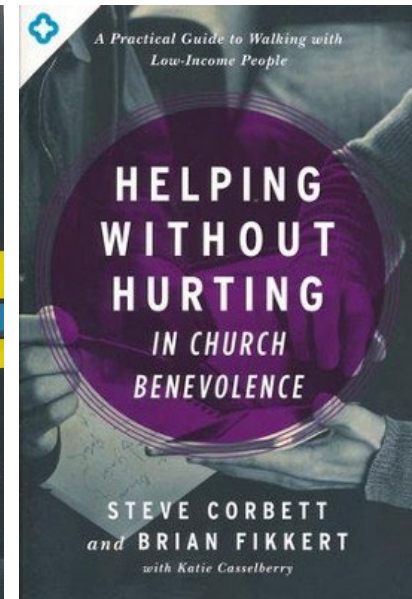
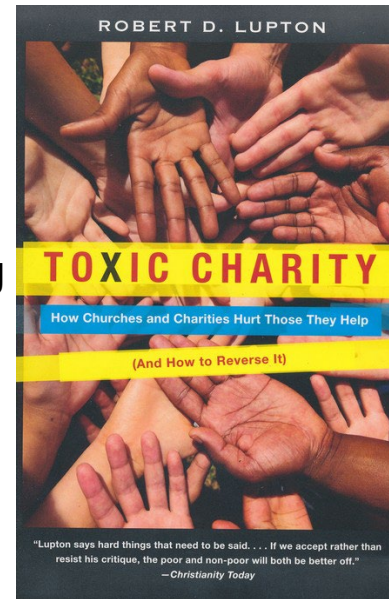
- **Holistic Approach:** In simple terms, "holistic" refers to the understanding of the relationship between all the parts of a whole. In problem-solving, a holistic approach begins by identifying an obstacle and then stepping back to understand the situation. When solving poverty, a holistic approach will have a significant impact on the quality of outcomes.
- **BTCA Resources:** BTCA Ambassadors will collaborate with nonprofits, local government agencies, international aid organizations, and other supporting organizations to access resources. Additionally, BTCA ambassadors will collaborate with local community professionals, including those in education, housing, employment, rehabilitation, health, and human services, to support BTCA's ten key areas.
- **Toxic Charity:** Toxic Charity is a term used to describe a charity that addresses ongoing chronic poverty through one-way crisis relief. Common charity models, such as toy giveaways, providing school supplies, and food pantries, are examples of short-term solutions focused on resource transfer. The problems they address tend to be much broader, larger, and more systemic. As a result, one-way charity rarely solves the underlying problem, but results in a continuous cycle of one-way giving and receiving. [10/2011, Bob Lupton]  
[Toxic Charity Book Summary](#)
- **Ambassador:** A "key" person assigned to coordinate tasks associated with their discipline. Ideally, an expert or person knowledgeable about their area of responsibility.
- **Koinonía:** Communion, or fellowship in Christianity, is the bond that binds Christians, as individuals and groups, to each other and to Jesus Christ. It refers to group cohesion among Christians. If a Church recognizes that another Church, with which it lacks ties of pastoral governance, shares with it some of the essential beliefs and practices of Christianity, it can speak of "partial communion" between it and the other Church.
  - **Romans 12:9-13** <sup>9</sup> Let love be without hypocrisy. Abhor what is evil. Cling to what is good. <sup>10</sup> Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; <sup>11</sup> not lagging in diligence, fervent in spirit, serving the Lord; <sup>12</sup> rejoicing in hope, patient<sup>[a]</sup> in tribulation, continuing steadfastly in prayer; <sup>13</sup> distributing to the needs of the saints, given to hospitality.
- **Caveat:** Please don't misunderstand that all "common charity models" and churches are toxic or purposeless. It is not an assertion that there is a need to get rid of the "common models of charity" and churches they support, but that they must work together to effectively solve poverty.

**About the book:** In *\*Toxic Charity\**, veteran urban activist Robert Lupton exposes the detrimental effects that contemporary charitable practices can have on the very individuals they aim to assist. Drawing from his extensive experience as the founder of FCS Urban Ministries and his influential work in community development, Lupton presents innovative strategies for charitable organizations dedicated to fostering genuine support rather than perpetuating dependency. Echoing the insights of impactful works like *\*The End of Poverty\** and *\*Tattoos on the Heart\**, Lupton's compelling narrative encourages a profound shift in how we approach philanthropy, urging us to cultivate sustainable solutions that empower those in need within our communities.

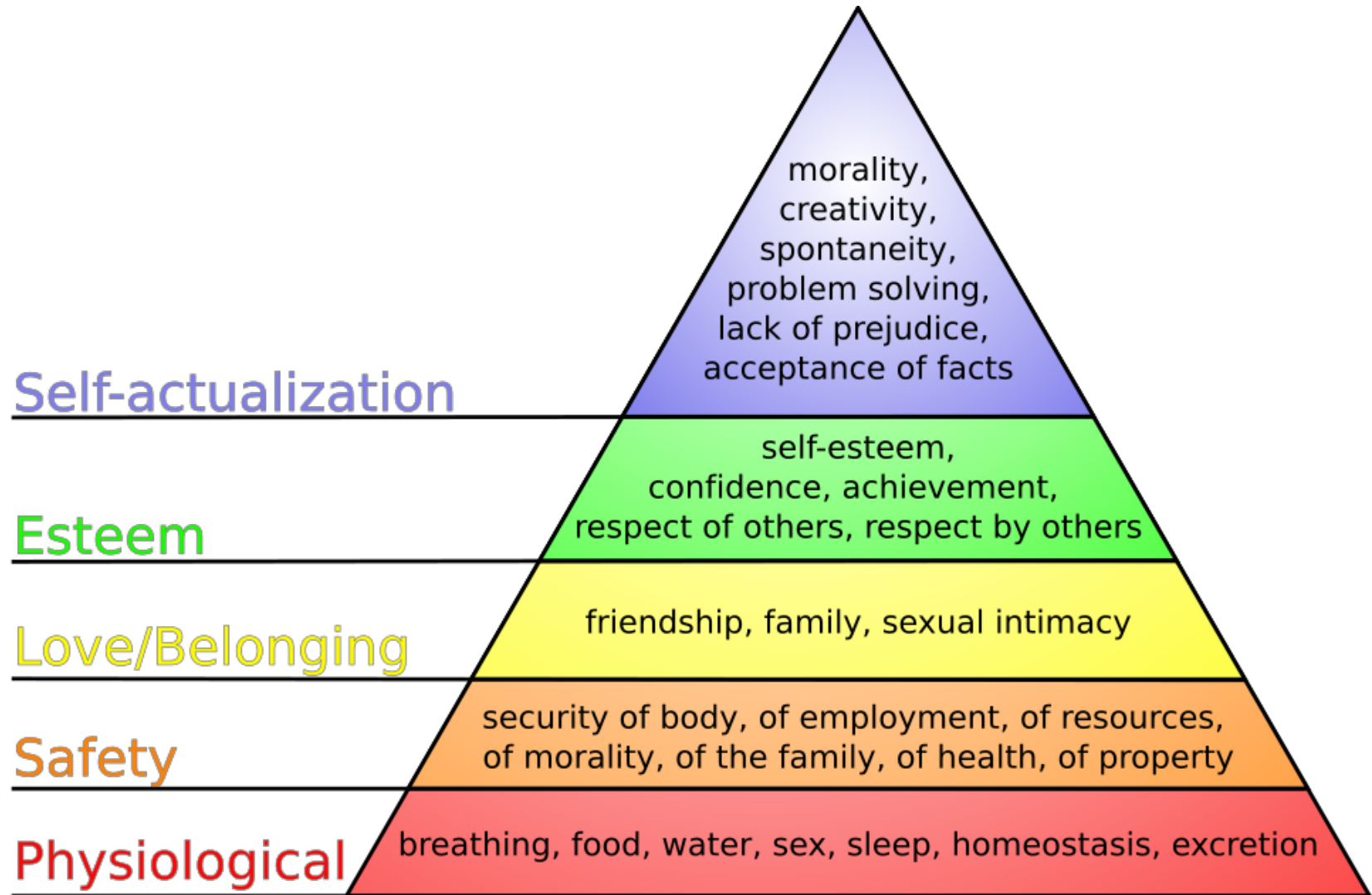
**The Unseen Problem of Charitable Giving:** In the U.S., despite a culture of generous charitable giving, much of it is ineffective or damaging to those it aims to help. This chapter discusses the paradox that arises from well-intentioned charitable acts that can lead to dependency and the erosion of personal initiative among recipients.

**Key Point Example:** Empowering Recipients Over Dependence

Example: Imagine you're volunteering at a local food pantry, handing out meals. You feel good but consider how clients might feel when they receive food without a conversation about their needs or abilities. Rather than carelessly giving, what if you engaged them? You could ask what other resources they may need, helping them envision a step towards self-sufficiency, rather than merely providing immediate relief. This interaction could transform your role from a giver to a facilitator, inspiring the person to take initiative in rebuilding their lives.



**Maslow's Hierarchy of Needs**  
**Abraham Maslow**  
**American Psychologist (1908-1970)**

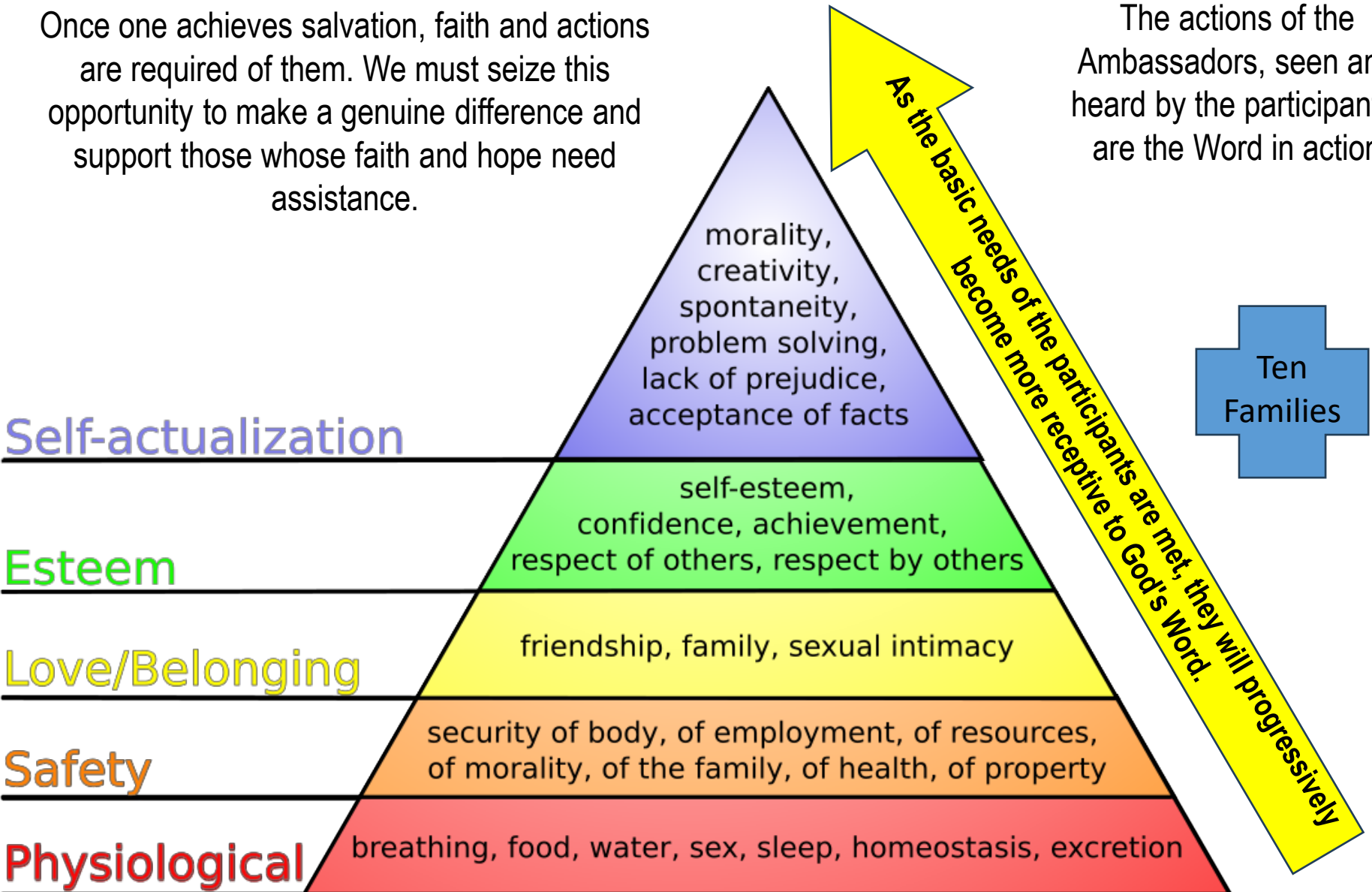




**Maslow's Hierarchy of Needs**  
**Abraham Maslow**  
**American Psychologist (1908-1970)**

Once one achieves salvation, faith and actions are required of them. We must seize this opportunity to make a genuine difference and support those whose faith and hope need assistance.

The actions of the Ambassadors, seen and heard by the participants, are the Word in action





**Objective: To provide funding for program operations.**

**All BTCA helpers are volunteers and do not receive any payment. Funds will be needed to purchase assets, cover transportation, tuition, and other participants' expenses. Short-term loans will be provided to participants.**

- 1) Identify community resources
- 2) Identify the municipality/local resources
- 3) Identify national resources
- 4) Identify international resources
- 5) Corporations:
  - 1) Amazon
  - 2) Others
- 6) Charities
  - 1) BTCA: Could provide microloans
  - 2) Green/Red Cross
  - 3) Other



## Education

## 2

**Objective: To identify education resources and deliver courses**

**The intention is to enhance knowledge for all ages, through college, technical training, and obtaining qualification certificates.**

1. Identify virtual educational courses and how to access them:
  - 1) Virtual training in a BTCA computer lab
  - 2) Attend off-site training
2. Identify off-site training
  - 1) Technician
  - 2) University
3. Identify and train for projects that can produce a marketable product
  - 1) Local Sale
  - 2) Mail Order, like Amazon
4. Look for and obtain scholarships
5. Purchase the equipment required to conduct the training
  - 1) Portable
  - 2) Internet
  - 3) Cell phones
  - 4) Landline
6. Tutor Groups
  - 1) After-school tutoring for school-age students
  - 2) College student tutoring
7. Conduct bible studies
  - 1) For school-age students
  - 2) For college students
  - 3) For adults



**Objective: To seek employment opportunities and/or create a cultural profession**

1) \_\_\_\_\_

1) \_\_\_\_\_

2) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_



**Objective: To identify the technologies that will be required for all areas**

- 1) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
  - 3) \_\_\_\_\_
- 4) \_\_\_\_\_



**Objective: To identify the personal requirements of the workforce and other areas of interest.**

1) \_\_\_\_\_

1) \_\_\_\_\_

2) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_



**Objective: Identify and resolve personal and program legal problems**

- 1) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
  - 3) \_\_\_\_\_
- 4) \_\_\_\_\_



**Goal: To provide affordable childcare for program participants**

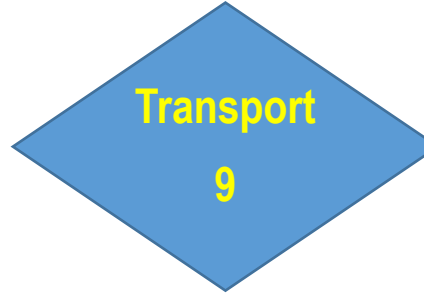
- 1) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
  - 3) \_\_\_\_\_
- 4) \_\_\_\_\_





**Objective: To identify medical resources to stay alert to possible medical cases that may be imminent**

1. Identify health resources
  - 1) Local Clinics
  - 2) Local Doctors
  - 3) Federal institutions
  - 4) Non-profit medical agencies
  - 5) Welfare
2. Create a preventive medical program
  - 1) Monitor vital signs
  - 2) Biannually
  - 3) Help find medical facilities that can follow up on any identified issues.
  - 4) Dispense vitamins and over-the-counter medications
  - 5) Provide a record that can be given to medical personnel during a medical emergency.
  - 6) Keep track of checkups



**Objective: To work with ambassadors and participants who require transportation**

- 1) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
  - 3) \_\_\_\_\_
- 4) \_\_\_\_\_



**Objetivo: Proporcionar estudios bíblicos, lugares para adorar, elevar espíritus,**

- 1) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
  - 1) \_\_\_\_\_
  - 2) \_\_\_\_\_
  - 3) \_\_\_\_\_
- 4) \_\_\_\_\_

Booklet/Folleteo # \_\_\_\_\_

## Break The Cycle Ambassadors BTCA



This process is not intended to replace regular checkups conducted by qualified medical personnel. The intent is to document historical medical information that could prove valuable to both the person being checked and medical personnel.

These are checks that can be accomplished by most at home.

Este proceso no pretende reemplazar los chequeos regulares realizados por personal médico calificado. La intención es documentar información médica histórica que podría resultar valiosa tanto para la persona que está siendo revisada como para el personal médico. Estas son comprobaciones que la mayoría puede realizar en casa.

It is recommended that checkups be conducted every six months.

**Se recomienda que los chequeos se realicen cada seis meses.**

Please fill out all areas. If while conducting these checks you have any medical concerns due to out-of-range readings, please assist the person in contacting medical personnel.

**Por favor, rellene todas las áreas. Si mientras realiza estos controles tiene alguna inquietud médica debido a lecturas fuera del rango, ayude a la persona a comunicarse con el personal médico.**

When taking the photo, please take the photo from the shoulders up.

**Al tomar la foto, tómela de los hombros hacia arriba.**

Document any prescribed medications that the person is currently taking.

**Documente cualquier medicamento recetado que la persona esté tomando actualmente.**

If a visit to a doctor becomes necessary, make a copy or take a phone photo of the person's information to provide to medical personnel. Please include all entries for that person.

**Si es necesaria una visita a un médico, haga una copia o tome una foto telefónica de la información de la persona para proporcionársela al personal médico. Por favor, incluya todas las entradas para esa persona.**

Once filled in, the forms are considered confidential. Only medical personnel, the individual recording the information, and the person being checked should have access to the information. Please keep this folder in a secure area.

**Una vez rellenos, los formularios se consideran confidenciales. Solo el personal médico, la persona que registra la información y la persona que está siendo revisada deben tener acceso a la información. Guarde este folleto en un área segura.**

Please contact Ricardo Jaramillo when checkups are conducted.

**Por favor, póngase en contacto con Ricardo Jaramillo cuando se realicen chequeos.**

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Foto

1. Regular medical checkups are vital to help maintain a healthy life.
2. This process is not intended to replace regular checkups. Nor is it meant to be used by those conducting the tests to administer medical advice.

1) Fecha de hoy (M) \_\_\_\_/(D) \_\_\_\_/(A) \_\_\_\_

2) Nombre del cliente: \_\_\_\_\_

3) Fecha de nacimiento y edad (M) \_\_\_\_/(D) \_\_\_\_/(A) \_\_\_\_/Edad \_\_\_\_

4) Tu Trabajo: \_\_\_\_\_

5) Lugar de residencia: \_\_\_\_\_

6) Nombre de tu padre: \_\_\_\_\_

7) Nombre de tu madre: \_\_\_\_\_

8) Nombre y edad de sus hijos: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

1) La fecha de hoy: (M) \_\_\_\_/(D) \_\_\_\_/(A) \_\_\_\_

2) Nombre del personal que atiende: \_\_\_\_\_

3) Organización y teléfono del que atiende: \_\_\_\_\_/\_\_\_\_\_  
\_\_\_\_\_

4) Verifique que la información personal del cliente "arriba" sea correcta: Sí / No

5) Hora del cliente de la comida más reciente: \_\_\_\_\_

6) Apariencia de salud general del cliente: \_\_\_\_\_

7) Peso: \_\_\_\_\_ [KG/Lbs] 8) Medición de altura \_\_\_\_\_ 9) Color del IMC \_\_\_\_\_

10) [Oxímetro] Nivel de oxígeno: \_\_\_\_\_/Pulso: \_\_\_\_\_ 11) Temp: \_\_\_\_\_

12) Procedimientos realizados (encierre en un círculo Sí / No):

13) [Monitor de presión arterial de muñeca] con al menos dos lecturas; ¿Se controló la presión arterial? Sí / No  
Primera: \_\_\_\_\_/\_\_\_\_\_. Segunda: \_\_\_\_\_/\_\_\_\_\_

14) Niveles de glucosa en azúcar: con al menos dos lecturas si son anormales  
¿Glucosa controlada? Sí / No Medición primera \_\_\_\_\_ Medición segunda \_\_\_\_\_

15) Examen de anteojos:  
¿Examen realizado? Sí / No Medición de recetas \_\_\_\_\_  
¿Gafas emitidas? Sí / No Potencia de prescripción de gafas \_\_\_\_\_

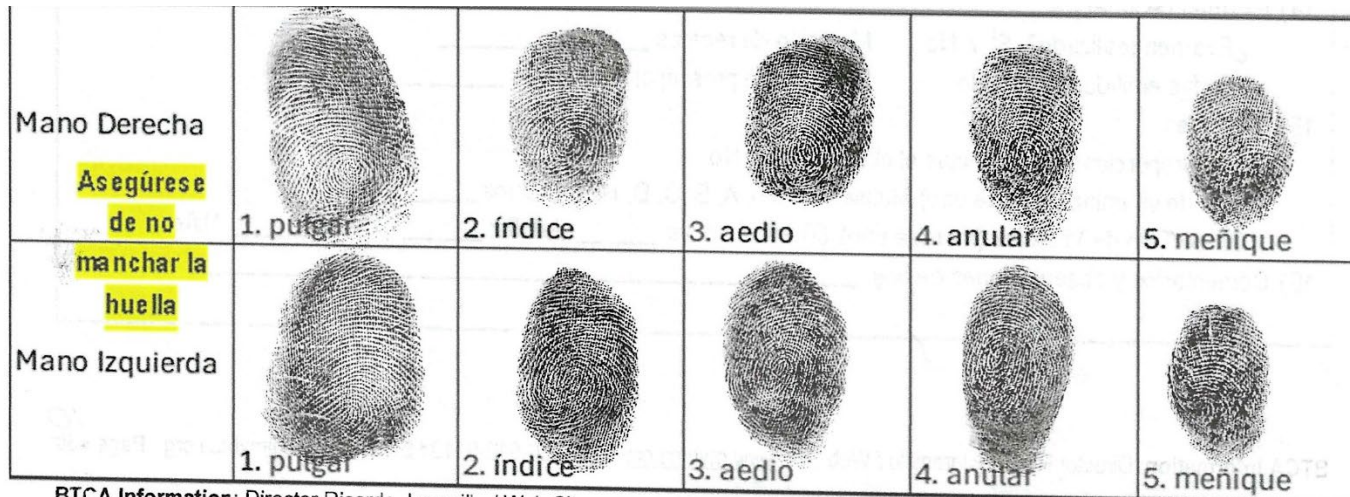
16) Vitaminas  
¿Se proporcionaron vitaminas al cliente? Sí / No  
Tipo de vitamina (marque uno) Multivitamínico: A, B, C, D, Hierro, Otros \_\_\_\_\_  
Grupo/Tipo de Vitamina (marque uno): 50 años o más: \_\_\_\_\_ Adulto: \_\_\_\_\_ Joven: \_\_\_\_\_ Niño: \_\_\_\_\_

17) Comentarios y observaciones de hoy: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. A headshot photo will be taken and added to the individual's information. It can be used by medical personnel to detect medical issues and assist the person taking the vitals in identifying the individual.
4. The results of the checkup can be used by the person to provide to medical professionals.

Mano Derecha	Asegúrese de no manchar la huella				
	1. pulgar	2. índice	3. aedio	4. anular	5. meñique
Mano Izquierda	1. pulgar	2. índice	3. aedio	4. anular	5. meñique





Fingerprints can be used when applying for employment.

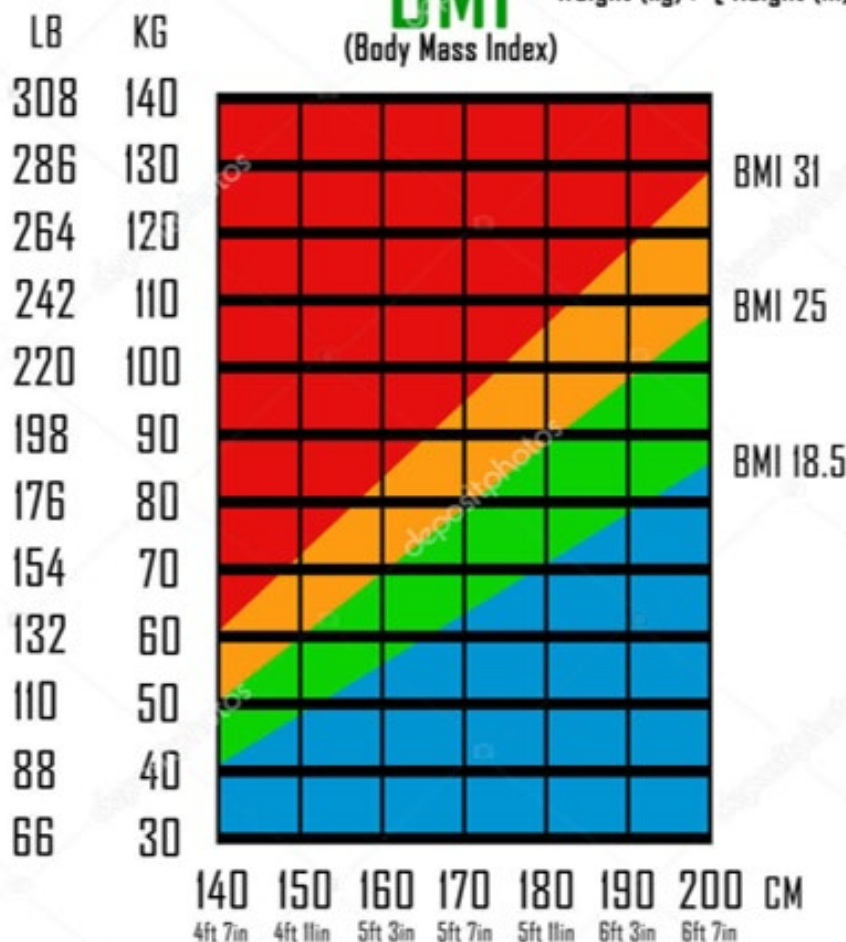
They can also be used to help identify a person if they go missing.

Fingerprints should be made of all, including the youngest person.

$$\text{BMI} = \text{Weight (kg)} / [\text{Height (m)}]^2$$

(Body Mass Index)

Body Mass Index (BMI)  
Indice de Masa Corporal, IMC



UNDERWEIGHT	NORMAL WEIGHT	OVERWEIGHT	OBESSE
< 18.5	18.5 - 24.9	25 - 29.9	> 31

A measurement of a person's weight in relation to their height, used to find out if they are overweight.  
*Medida del peso de una persona en relación con su estatura, que se utiliza para determinar si tiene sobrepeso.*

Obesity in adults is defined as a BMI of 30 or greater.  
*La obesidad en adultos se define como un IMC de 30 o más.*

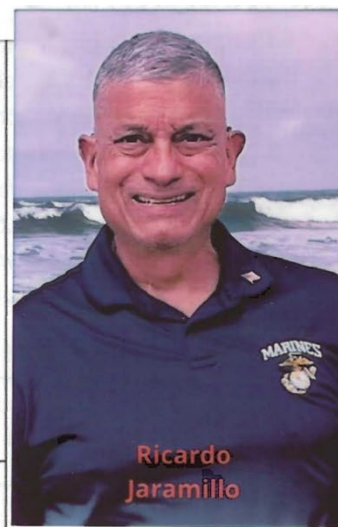
Example: If you weigh 180 pounds and are 5'7', your BMI is 18.5. These two meet in the yellow area indicating that you are overweight. If you are 5'7", you should weigh between 140 to 176 pounds. This weight range and height intersect in the green area.

*Ejemplo: Si pesas 180 libras y mides 5'7', tu IMC es de 18.5. Estos dos se encuentran en el área amarilla que indica que tiene sobrepeso. Si mide 5'7", debe pesar entre 140 y 176 libras. Este rango de peso y altura se cruzan en la zona verde.*

## EJEMPLO

- 1) Fecha de hoy (M) 07 / (D) 03 / Año 2025 **BTCA**
- 2) Nombre del cliente: Ricardo Jaramillo (m)
- 3) Fecha de nacimiento y edad (M) 04 / (D) 12 / Año 1958 / Edad 67
- 4) Tu Trabajo: Ret
- 5) Lugar de residencia: Harvest, AL, EEUU
- 6) Nombre de tu padre: Manuel S. Jaramillo
- 7) Nombre de tu madre: Ofelia S. Jaramillo
- 8) Nombre y edad de sus hijos: Josie (F) 148  
Rachel (F) 147 : Wesli (F) 142  
Brittany (F) 137 : Ricky (M) 135

F - Femenina  
M - masculino



- 1) La fecha de hoy: (M) 07 / (D) 03 / Año 2025
- 2) Nombre del personal que atiende: Ricardo Jaramillo
- 3) Organización y teléfono del que atiende: BTCA 1+1 256-683-1205
- 4) Verifique que la información personal del cliente "arriba" sea correcta: ☒ Sí / No
- 5) Hora del cliente de la comida más reciente: 0900
- 6) Apariencia de salud general del cliente: Se mira sano (E)
- 7) Peso: 182 L [KG/Lbs] 8) Medición de altura 67" 9) Color del IMC Naranja
- 10) [Oxímetro] Nivel de oxígeno: 98 / Pulso: 88
- 11) Procedimientos realizados (encierre en un círculo ☒ Sí / No): Vea abajo
- 12) [Monitor de presión arterial de muñeca]: con al menos dos lecturas; ¿Se controló la presión arterial? Sí / No  
 Primera: 135 / 86 Segunda 132 / 84
- 13) Niveles de glucosa en azúcar: con al menos dos lecturas si son anormales  
 ¿Glucosa controlada? ☒ Sí / No  
 Medición primera 61 Medición segunda 63
- 14) Examen de anteojos:  
 ¿Examen realizado? Sí / ☒ No Medición de recetas \_\_\_\_\_  
 ¿Gafas emitidas? Sí / ☒ No Potencia de prescripción de gafas \_\_\_\_\_
- 15) Vitaminas  
 ¿Se proporcionaron vitaminas al cliente? Sí / ☒ No  
 Tipo de vitamina (marque uno) Multivitamínico: A, B, C, D, ☒ Hierro, Otros \_\_\_\_\_  
 Grupo/Tipo de Vitamina (marque uno): 50 años o más: ☒ Adulto: \_\_\_\_\_ Joven: \_\_\_\_\_ Niño: \_\_\_\_\_
- 16) Comentarios y observaciones de hoy: Se ve muy saludable

EJEMPLO

## Why am I here today?

- I am a missionary, a disciple of Christ, a sinner, and a member of His only church.
- BTCA is seeking the help of local churches and leaders to take ownership of one or two or three of the areas we have just talked about in this presentation.
- BTCA's vision that is not a mission of a single disciple. This mission will enable many to improve their Spiritual health and help alleviate poverty.
- I want you to be honest and reach into your souls and answer this question for me: How long have you been on this same mission? And how successful have you been?
- Let us combine one-day missionary visits with the BTCA vision and improve our spiritual lives to one that our Lord and Savior will be pleased with and that succeeds in planting more seeds than we could ever imagine.
- **How can BTCA support this vision?:**1) Provide a loan to purchase a StarLink Internet system that will provide Internet that will allow students to receive online training; 2) Provide a loan to purchase laptops with Microsoft 365 installed on them; and 3) Be available to assist volunteers to lead one or more of the areas we discussed today.
- **What is BTCA asking of you if this effort is implemented here:**1) Participate in vision development meetings; 2) Allow residents to use the resources provided; 3) Provide training areas for future programs; 4) Support ongoing efforts to work with other missionaries, churches, local offices, departmental offices, and country officials; and 5) Stay in the fight to support our communities for the long term.

Let's go!

Let's sow seeds that will bloom, and let's give the Glory to God